

BREAKFAST MENU

WINTER 2018

SWEET

ACAI BOWL (Df) Organic Acai Berries, Banana, Coconut Flakes, Homemade Granola, Cocoa Nibs, Coconut Water	16
HOMEMADE GRANOLA (Df) Seeds & Nuts, Fresh Fruit, Coconut Yogurt, Choice of Milk	16
WINTER PORRIDGE (Df) Turmeric & Coconut Organic Oats Porridge, Poached Pears, Cocoa Crumb, Walnuts	18
NONNA'S BANANA BREAD Spelt & Coconut Cake, Whipped Mascarpone, Chocolate Crumb, Berries	12

SAVOURY

AVOCADO ON TOAST (V-Gfo) Linseed Sourdough, Mash Avocado, Poached Egg, Cherry Tomato, Goats Curd, Radishes	18
Add Tasmanian Smoked Salmon or S. Daniele Prosciutto (6) - Extra Poached Egg (3)	
EARTHY GREEN BOWL (V-Gf-Df) Autumn Vegetables, Red Quinoa, Crushed Almond, Poached Egg, Ginger Dressing	16
Add Tasmanian Smoked Salmon or S. Daniele Prosciutto (6)	
EGG BENEDICTS (V) Wholemeal Muffin, Spinach, Poached Egg, Hollandaise Sauce	16
Add Tasmanian Smoked Salmon (6) or Double Smoked Ham (5)	
ITALIAN BAKED EGGS (V-Gfo) Oven Baked Breakfast, 2 Eggs, Tomato Salsa, Winter Vegetables, Goat Cheese	18
EGG & BACON ROLL White Sesame Burger Bun, 2 Fried Eggs, Bacon, Choice of Sauce	10
EGGS & TOAST (V-Gfo) 1 Thick Slice of Toast, 2 Free Range Eggs, Butter	8

BREADS : White Sourdough - Soyliseed - Flat Turkish - Dark Rye - Fruit Toast - Gluten Free Toast (2)

EGGS : Fried - Scrambled - Poached - Over Easy

SIDES : Tasmanian Smoked Salmon or S. Daniele Prosciutto (6)

Smashed Avocado, Bacon, Double Smoked Ham (5) Mushroom, Cherry Tomatoes, Spinach, Sausage (4) Extra Egg (3)

VIZIO BREAKFAST DEAL

ANY DISH from our menu above +1 SMALL JUICE + 1 REGULAR COFFEE = \$ 25

BAKERY

HAM & CHEESE CROISSANT	6.5	HOMEMADE CROSTATA w/ Jam	6
TOAST W/ SPREADS	5.5	BROWNIE Chocolate & Nuts	4.5
PLAIN CROISSANT	4	SNAIL Raisin & Cinnamon Scroll	4.5
FILLED CROISSANT Butter & Jam or Nutella	4.5	BANANA BREAD w/ Butter	5.5
CHOCOLATE TWIST	4.5	MUFFINS Choc Chip or Raspberry	4.5

VIZIO CAFFE E CUCINA