

BREAKFAST MENU

WINTER '19

EGGS YOUR WAY

One Slice of your choice of BREAD, your choice of FREE RANGE EGGS, Butter 8

BREADS

White Sourdough
Soy Linseed Sourdough
Flat Turkish
Dark Rye
Gluten Free Toast +2

EGGS

Srumbled
Poached
Fried

EXTRAS

Huon Smoked Salmon 6
S. Daniele Prosciutto 6
Bacon 5
Double Smoked Ham 5
Italian Sausage 5
Mash Avocado 5
Grilled Haloumi 5
Saute Mushroom 4
Spinach 4
Extra Egg 3

SAVOURY

SCRAFFLE EGGS (V) Parmesan & Black Truffle Scrambled Eggs, Chives, Citrusy Rocket, Sourdough, Butter	22
AVOCADO ON TOAST (V-Gf) Linseed Sourdough, Mash Avocado, Poached Egg, Cherry Tomato, Goats Cheese, Radishes	18
EARTHY GREEN BOWL (V-Gf-Df) Broccoli, Baby Spinach, Baby Peas, White Quinoa, Poached Egg, Crushed Almond	16
EGG BENEDICTS Wholemeal Muffin, Spinach, Poached Egg, Huon Smoked Salmon, Hollandaise Sauce	19
NONNA'S BAKED EGGS (V-Gf) Oven Baked Eggs, Tomato Salsa, Mushroom, Spinach, Zucchini, Chilli, Parmigiano	18
BRUSCHETTA (Gf) Prosciutto San Daniele, Rocket Salad, Cherry Tomato, Stracciatella Cheese, Poached Egg	19
EGG & BACON ROLL White Sesame Burger Bun, 2 Fried Eggs, Bacon, Tomato Relish, Choice of Sauce	10
HAM & CHEESE CROISSANT Provolone Cheese & Double Smoked Ham	6.5
TOAST W/ SPREADS Vegemite, Peanut Butter, Jam	6

SWEET

ACAI BOWL (Df) Organic Acai Berries, Banana, Coconut Flakes, Homemade Granola, Cocoa Nibs, Coconut Water	14
HOMEMADE GRANOLA (Df) Seeds & Nuts, Fresh Fruit, Coconut Yogurt, Choice of Milk	15
OATS & HAZELNUTS PORRIDGE (V) Slow Poched Strawberry & Vanilla Compote, Thyme, Fresh Ricotta	16
FRENCH TOAST (V) Pan Brioche, Mascarpone, Nutella, Banana, Hazelnut, Maple Syrup	16
CROISSANT Plain or Butter & Jam (+1) or Nutella (+2)	4
ITALIAN DONUT Plain or Nutella (+2) or Butter & Jam (+1)	5
ASSORTED PASTRIES Check our display for daily treats	5
BANANA BREAD w/ Butter	5.5

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DRINKS MENU

DRINKS

SCHWEPPE Pepsi, Pepsi Max, Soda Water 300ml	4.5	STRANGELOVE Organic Ginger Beer 275ml	6
PHOENIX ORGANIC Lemonade 330ml	4.5	STRANGELOVE Organic Tonic Water 180ml	5
BALADIN Chinotto - Cedrata 250ml	6	ORGANIC KOMBUCHA Passionfruit - Turmeric	6.5

Filtered Water 450ml 2 - 1lt 4 • Filtered Sparkling Water 450ml 3 - 1lt 6

COFFEE

Espresso 3.5 - Macchiato, Piccolo, Black, Flat White, Cappuccino 4 - Mocha, Hot Chocolate, Chai Latte 5 - Turmeric Latte 5.5

CAFFETTIERA BIALETTI The traditional way to drink coffee at home, in Italy (Allow 5 Minutes) Single - Double	6 - 12
COLD DRIP Served on ice w/ your choice of milk on the side	6

EXTRAS Single Origin +1 - Shot, Large, Soy, Almond, Lactose Free, Coconut, Decaf, Vanilla, Caramel, Hazelnut +0.5

TEAS

English Breakfast, Earl Grey, Peppermint, Jasmine Green, Chamomille, Lemongrass & Ginger, Malabar Chai 4.5

LAPSANG SOUCHONG PURE BLACK TEA Pinewood smoked-dried & roasted in bamboo basket	6
10 YEARS AGED WHITE TEA Aged white tea grown in ancient tee tree forests in Fujian province	8
PURE SENCHA GREEN TEA Most popular tea in Japan, high level of antioxidant & polyphenols	6
TAIWAN MILK PURE OOLONG TEA Most famous tea in Taiwan & Thailand, light & flowery taste	6
GOLDEN TIPS PU ERH TEA Caves aged tea high in antioxidants and probiotics	6

FRESHLY SQUEEZED JUICES

ACE Orange, Carrot, Lemon, Ginger	6 - 8
REFRESHER Coconut Water, Pineapple, Pear, Mint	6 - 8
REPAIR Orange, Watermelon, Mixed Berries	6 - 8
CLEAN GREEN Green Apple, Cucumber, Celery, Ginger	6 - 8

SMOOTHIES

ACAI (Df) Organic Acai Berries, Guarana, Banana, Coconut Water	7 - 9
TROPICAL Passionfruit, Banana, Coconut Yogurt, Coconut Milk, Honey	7 - 9
FEEL GOOD Mixed Berries, Milk, Greek Yogurt, Honey	7 - 9
RAW POWER (Df) Homemade Granola, Banana, Mixed Berries, Almond Milk	7 - 9

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