

LUNCH MENU

SUMMER '19

ANTIPASTI

BREAD BASKET Assorted Selection of Homemade Bread, Extra Virgin Olive Oil & Balsamic	9
ANTIPASTO ITALIANO (Gf) Selection of Cured Meat & Cheese, Bread & Condiments (Min 2 People - /person)	19.5
ARANCINI (V) 3x Mozzarella & Tomato Arancini, Parmesan Foam, Burnt "Pizza Crust"	15
ARROSTICINI (Gf) 5x Abruzzo's Traditional Lamb Skewers, Italian Salsa Verde	5pcs 15 - 10pcs 25 - 15pcs 35
BRUSCHETTA (V-Gf) Oven Roasted Sourdough, Stracciatella Cheese, Cherry Tomato, Rocket, S. Daniele Prosciutto	19
FRITTURINA Salt & Pepper Deep Fried Calamari & Prawns, Lemon Mayo	22

PASTA

GNOCCHI SORRENTINA (V) Homemade Potato Gnocchi, Tomato Passata, Mozzarella, Basil, Parmigiano Reggiano	19
LINGUINE PUTTANESCA (V) Homemade Tomato Passata, Capers, Olives, Garlic, Chilli, Parsley	19
RAVIOLI (V) Homemade Carrot Stuffed Ravioli, Carrot Puree, Celery, Onion, Carrot, Bufala Cheese Sauce	27
RISOTTO AI GAMBERI (Gf) Carnaroli Riserva Risotto, Prawns, Lemon, Mint, Bottarga, Mascarpone Cheese	29
TAGLIOLINO Homemade Long Pasta, SA Black Mussels, Pecorino Cheese, Cherry Tomato, Squid Ink Crumble	29
TORTIGLIONI AL RAGU Short Pasta, Traditional Bolognese Sauce, Parmesan	22
SPAGHETTI ALLA CARBONARA Cured Pork, Egg, Pecorino Cheese, Black Pepper	22

SECONDI

SALMONE (Gf) Pan-Fried Tasmanian Salmon Fillet, Orange & Fennel Salad, Carrot Vinagrette	29
COTOLETTA DI TONNO 200gr Herb Crumbed Yellowfin Tuna Fillet, Cabbage Salad, Green Apple	29
PORK NECK (Gf) Slow Cooked Pork Neck, AOP Mash, Apple Compote, Broccolini, Pork Jus	29
TAGLIATA DI MANZO (Gf) Sliced Riverina Sirloin, Roasted Potato, Rocket Cherry Tomato & Parmesan Salad	29

CONTORNI

AOP MASH (V-Gf) Hand Crushed Potato, Garlic, Chilli, Extra Virgin Olive Oil	12
INSALATA VERDE (V-Gf) Iceberg Salad, Spring Onion, Extra Virgin Olive Oil, Himalayan Pink Salt	11
SAUTE BROCCOLINI (V-Gf) Saute Broccolini, Extra Virgin Olive Oil, Himalayan Pink Salt	13
CHIPS (V-Gf) Shoestring Potato Chips, Pink Salt, Oregano, Paprika Mayo	9

DOLCI

TIRAMISU Traditional Nonna's Recipe, Savoiardi Biscuits, Mascarpone Cheese, Espresso Coffee	13
CHEF'S SIGNATURE PANNACOTTA (Gf) w/ Seasonal Fruits	13
AFFOGATO Vanilla Gelato, Espresso Shot (Add Frangelico or Black Sambuca or Grappa 7)	8

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CAFE' MENU

SUMMER '19

INSALATONE

Choose your protein below to customise your Salad

ZUCCA E FARRO (V) Roasted Butternut Pumpkins, Pearl Barley, Rocket Salad, Fennel, Shaved Parmesan, Balsamic	13.5
CEASER SALAD Cos Lettuce, Free Range Boiled Egg, Bacon, Croutons, Ceaser Dressing	13.5
ENERGIA (V+DF+GF) Roasted Sweet Potato, French Lentil, Baby Spinach, Red Onion, Beetroot, Pepitas, Lemon Dressing	13.5
EARTHY GREEN BOWL (V+Gf+Df) Broccoli, Baby Spinach, Baby Peas, White Quinoa, Poached Egg, Crushed Almond	16
ISCHIA BELLA (V+GF) Fiordilatte Bocconcini, Roma Tomato, Green Olives, Rocket, Basil, Oregano, Extra Virgin Olive Oil	16

BUILD YOUR SALAD...

Poached Salmon Fillet 7.5 Grilled Chicken Breast 7.5

Huon Smoked Salmon 6 S. Daniele Prosciutto 6 Artisan Burrata Cheese 6

Grilled Haloumi 5 Fiordilatte Bocconcini 4 Tuna 4 Poached Egg 3

PANINI

All Panini & Sandwiches are served with a side of Mix Salad or Chips - Available until sold out
All our breads are fully organic and baked fresh daily

ITALIAN STYLE BURGER (Gf) 200gr Beef Pattie, Mozzarella & Nduja Croquette, Lettuce, Tomato, Pesto Aioli, Chips	19.5
VEGETARIANO (V) Dark Rye Sourdough, Mix Grilled Vegetables, Rocket Salad, Basil Mayo	17
CLASSICO Seeded Bagel, Huon Smoked Salmon, Cream Cheese, Avocado, Capers, Onion, Lollo Rosso Salad	19
COTOLETTA Italian Style Ciabatta, Chicken Snitzel, Lettuce, Provolone, Tomato, Porcini Mayo	19
ZINGARA BAGUETTE S. Daniele Prosciutto 20 Month, Mozzarella Cheese, Lettuce, Fresh Tomato, Mayo	19
COLORATO White Turkish, Poached Chicken Breast, Coleslaw, Spinach, Tomato	19
SAPORITO Seeded Wholemeal Rool, Wagyu Bresaola, Primo Sale Cheese, Rocket, Artichoke Cream, Truffle Mayo	19

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